

City of Worthing vs. Worthing Community Fire Dept.

BLOOD DRIVE

**BE THE
DIFFERENCE
DONATE
BLOOD**



**COMMUNITY
BLOOD BANK**

THE LIFE BLOOD OF YOUR COMMUNITY

Saturday , August 26th

DATE:

9am to 1pm

TIME:

Worthing

PLACE:

Elementary School

DONATION REQUIREMENTS:

- You must be at least 17 years old (16 years old with signed parent/legal guardian consent form, see website for form) and weigh at least 110 pounds.
- Be in general good health. You can't have cold, fever, flu or sore throat.
- Make sure you eat a good meal prior to donating and drink plenty of water!
- Please bring a valid I.D. with you (Driver's License, Student I.D., State I.D. etc.)

**YOU CAN SAFELY DONATE
EVERY 56 DAYS!**



CALL 877-877-3070 FOR MORE INFORMATION OR LOG ONTO WWW.CBBLIFEBLOOD.ORG